



Monday
 April 17 - 9 am
 Lincoln Park
 in Jersey City, NJ



It is a pleasure to again take this opportunity to invite you to an exciting meet that is being sponsored by the Athletic Department of Saint Dominic Academy. The 19th Annual SDA Track & Field Spring Invitational will be held, *rain or shine*, in Lincoln Park's beautiful new and lightning-fast track & field facility. This year for the first time we will feature FAT.

We hope you will join us for a great day of events for all members of your team as you continue your season. As always, we have a wide variety of events at a reasonable entry cost (**\$325 per team / \$575 for a school bringing both boys and girls**). Schools with extremely low numbers of participants may call to request revised pricing. These fees allow for unlimited events. If we have sufficient entries, we will award six (6) medals in **ALL** events and **ALL** divisions, as well as award "Champion" T-shirts to the winners of each event.

In an effort to increase our ability to provide you with a smooth running and efficient meet, we ask that you return your entry form no later than **Friday, April 7 2017**. Please join us for a great day of Track & Field for all members of your team. We wish you continued success throughout the year and thank you for your support, including the legions of you who joined us in the Jersey City Armory for our winter series.

Order of Events

FIELD EVENTS	RUNNING EVENTS
High Jump (FB, SB, VB, FG, SG, VG)	Intermediate Hurdles - Girls First
Long Jump (FG, SG, VG, FB, SB, VB)	3200m Relay
Shot Put (FB, SB, VB, FG, SG, VG)	High Hurdles
Discus (VG, SG, FG, VB, SB, FB)	100m Dash
Javelin (VB, SB, FB, VG, SG, FG)	1600m Run
	400m Relay
	400m Dash
	800m Run
	200 Dash
	3200m Run
	1600m Relay

The order of running events will be FB, FG, SB, SG, VB, and VG. All running events will be finals on time, with the exception of the 100m dashes and the High Hurdles. Divisions will be combined where the entry is low; however, separate awards will be given. National Federation Rules will be in effect.



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ENTRY FORM

Our school plans to attend the 19th Annual SDA Spring Invitational on Monday, April 17, 2017 in Lincoln Park. We understand that the meet will be held rain or shine; therefore no refunds will be possible should our team fail to attend. We are committing to an entry fee, NOT a participation fee. NOTE: The javelin event will be held on an adjoining field, barring the existence of circumstances beyond our control that may force cancellation.

We are entering the following divisions: Boys / Girls / Both

School: _____

Address: _____

Telephone / ext.: _____ Email: _____

Coach's Signature: _____ Phone: _____

A.D.'s Signature: _____ Date: _____

Fees: \$325 per team or \$575 if you have both boys and girls.

Please adhere to our deadline of Friday, April 7, 2017. Please provide a non-binding estimate of how many event participant cards you will need so we can better prepare for your arrival. Number of cards: _____

Please make checks payable to: **Saint Dominic Academy**

Mail entries to: John E. Nagel, Meet Director – 10 Cherry Street, Jersey City, NJ 07305 (201) 401-7394